Paintball Waiver

Before participating in Paintballing at Kilkenny Activity Centre, all participants must read the important information in this document and then sign the declaration and disclaimer below.

I understand & accept that:

- Paintballing is physically & mentally intense & may require exertion to play (I will inform my instructor if I have a medical condition or require an inhaler or other medical aid)
- Serious injury to myself or others may occur
- The playing fields may be rough, uneven, slippery & contain trip hazards. I will move responsibly & only at a pace that allows me to take due care
- Goggles must be worn at all times. I accept that if I remove them during play I will be asked to leave the game
- Paintballs can cause bruising and/or break the skin
- No physical contact is allowed between participants
- Kilkenny Activity Centre will not accept responsibility for valuables lost on site

I confirm & agree that:

- I am aged 18 years or over
- I am physically fit & mentally able for the exertion involved in playing paintball
- I am fully aware of the risks to myself & others involved in paintballing and that I will never deliberately shoot anyone in the face or head.
- I will wear goggles at all times and will only remove them when given permission to do so by my instructor. If I do remove them without permission and receive a head injury of any kind, I alone accept responsibility for this injury & will not hold Kilkenny Activity Centre liable for same
- I will obey all directions of the instructor / site marshals & heed any advice given
- I will not shoot another player within 20 feet

If I should take part in the assault course/obstacle course as a second activity I do so aware of its inherent hazards - be they climbing walls, water obstacles, slides, ropes or tyres. I am aware that by its very nature the assault course is physically challenging and that there are inherent risks of slipping, falling, spraining or twisting joints, receiving muscle injury or injury to head, neck, back or limb while negotiating the obstacles. I therefore take part in full knowledge and acceptance of the above risks and will not hold the Kilkenny Activity Centre liable for any injury or damage arising from my participation in the above activity.

Prior to play each participant must acknowledge that they have read this waiver and agree to all its terms and conditions by printing their name in one of the boxes below and signing their name opposite

<u>PRINT</u>	<u>SIGNATURE</u>	<u>PRINT</u>	<u>SIGNATURE</u>

The group organiser must sign below to confirm that all those intending to participate in the activities have read and signed the waiver and that all the signatures are genuine and written by the participants own hand.

Organiser's Name: (PRINT)	Date:
(SIGNATURE)	Number in Group:
	o use or authorize other bona fide agencies to use photographs, ipation in this event for any legitimate purpose without remuneration.